Disabilities & Livelihoods Circle



WHAT ARE LIVELIHOODS?

Livelihoods are the means by which people meet their needs in order to make a living and a life

The Disabilities & Livelihoods Circle is a developing model of understanding how people with disabilities in Canada survive and thrive

Influential & Interrelated Factors

> Power **Relations**

Policies & Institutions Government Legal System

Goals

Identities Individual Forms of Oppression

> Societal Political

Privilege & Oppression History Relationships Skills

Vulnerability

Hardships **Yearly Patterns** Hazards

FRAMEWORK

Outcomes



Choices & Strategies

Perceptions

Additional Questions to Consider: What do people with disabilities do to make a life and a living, and why?

KEY TERMS

Vulnerability

Vulnerability means the level of hardship that a person faces. Hardships and hazards may impact livelihoods, and these may follow a yearly pattern

Power Relations

Power relations are how people's unique identities lead to different levels of support and privilege from society, policies, and the government

Privilege & Oppression

Privilege and oppression are the advantages and disadvantages that a person has in their life. These come from history (e.g. colonialism). These also come from relationships and individual skills and abilities

Policies & **Institutions**

Policies (e.g. government, NGOs) and institutions (e.g. laws, money) influence access to resources, and levels of privilege and oppression

Identities

Identities are the individual traits (e.g. ability, gender, race) that may lead to different forms and levels of oppression

