

# Disabilities & Livelihoods Circle

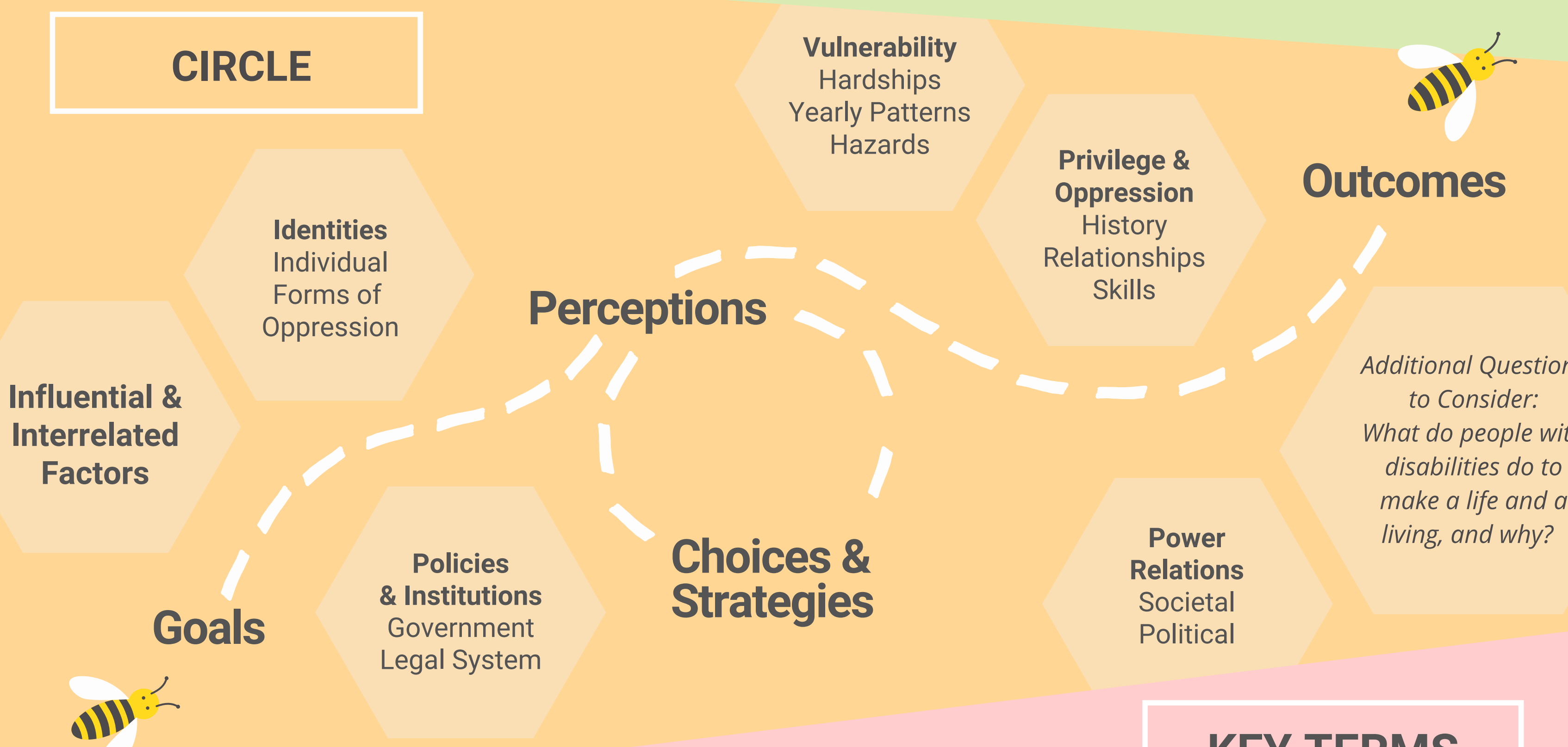


## WHAT ARE LIVELIHOODS?

**Livelihoods** are the means by which people meet their needs in order to make a living and a life

The **Disabilities & Livelihoods Circle** is a developing model of understanding how people with disabilities in Canada survive and thrive

## CIRCLE



## Outcomes

*Additional Questions to Consider:  
What do people with disabilities do to make a life and a living, and why?*

## KEY TERMS

### Vulnerability

Vulnerability means the level of hardship that a person faces. Hardships and hazards may impact livelihoods, and these may follow a yearly pattern

### Power Relations

Power relations are how people's unique identities lead to different levels of support and privilege from society, policies, and the government

### Privilege & Oppression

Privilege and oppression are the advantages and disadvantages that a person has in their life. These come from history (e.g. colonialism). These also come from relationships and individual skills and abilities

### Policies & Institutions

Policies (e.g. government, NGOs) and institutions (e.g. laws, money) influence access to resources, and levels of privilege and oppression

### Identities

Identities are the individual traits (e.g. ability, gender, race) that may lead to different forms and levels of oppression