Disabilities & Livelihoods Framework



WHAT ARE LIVELIHOODS?

Livelihoods are the means by which people meet their needs in order to make a living and a life

The **Disabilities & Livelihoods Framework** is a developing model of understanding how people with disabilities in Canada survive and thrive

Privilege &

Oppression

History

Relationships

Skills

Framework

Identities
Individual
Forms of
Oppression

Vulnerability
Hardships
Yearly Patterns
Hazards

Outcomes

Perceptions

Influential & Interrelated Factors

Policies & Institutions Government Legal System **Choices & Strategies**

Power Relations Societal Political Additional Questions
to Consider:
What do people with
disabilities do to
make a life and a
living, and why?

KEY TERMS

Vulnerability

Goals

Vulnerability means
the level of hardship
that a person faces.
Hardships and
hazards may impact
livelihoods, and these
may follow a yearly
pattern

Power Relations

how people's
unique identities
lead to different
levels of support
and privilege from
society, policies, and
the government

Privilege & Oppression

Privilege and oppression are the advantages and disadvantages that a person has in their life. These come from history (e.g. colonialism).

These also come from relationships and individual skills and abilities

Policies & Institutions

Policies (e.g. government, NGOs) and institutions (e.g. laws, money) influence access to resources, and levels of privilege and oppression

Identities

Identities are the individual traits (e.g. ability, gender, race) that may lead to different forms and levels of oppression

