

Disabilities & Livelihoods Framework



WHAT ARE LIVELIHOODS?

Livelihoods are the means by which people meet their needs in order to make a living and a life

The **Disabilities & Livelihoods Framework** is a developing model of understanding how people with disabilities in Canada survive and thrive

Framework



KEY TERMS

Vulnerability Vulnerability means the level of hardship that a person faces. Hardships and hazards may impact livelihoods, and these may follow a yearly pattern	Power Relations Power relations are how people's unique identities lead to different levels of support and privilege from society, policies, and the government	Privilege & Oppression Privilege and oppression are the advantages and disadvantages that a person has in their life. These come from history (e.g. colonialism). These also come from relationships and individual skills and abilities	Policies & Institutions Policies (e.g. government, NGOs) and institutions (e.g. laws, money) influence access to resources, and levels of privilege and oppression	Identities Identities are the individual traits (e.g. ability, gender, race) that may lead to different forms and levels of oppression
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