Caring for Children and Wellbeing

Caregiving could include caring for elders, family members in need, and community members, but most of the questions asked about children.

**Basic Needs**

- **50%**
  - Those with children living with them were more likely to worry about meeting their family’s basic needs (50%) than those without children in the home (28%).

- **41%**
  - Those with children living with them were more likely to experience at least one problem with the place they live (41%), compared with those without children (26%).

**Engagement**

- **Community Leadership**
  - Those with children in the home more likely to agree that they are able to take on a leadership role in their community (70%) compared to those without (60%)

- **Politics**
  - Those with children in the home less likely to have been involved in politics (39%), compared to those without children in the home (27%)

**Wellbeing**

- **45%** rewarding
  - How does the time you spend caring for others affect your wellbeing?

- **19%** physically exhausting

- **31%** stressful

- **9%** costly

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