

Caregiving

127

women responded to the survey.

35%

had children living with them at the time of the survey

42%

without children with them provided care to family members.

Caregiving could include caring for elders, family members in need, and community members, but most of the questions asked about children.

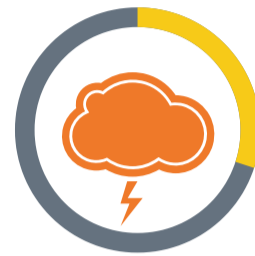
Caring for Children and Wellbeing



More likely to say they had been shown affection in the past week. (57% vs 36%)



More likely to say they never felt lonely or excluded in the past week. (55% vs. 44%)



Less likely to do something daily to alleviate stress. (30% vs. 47%)

Basic Needs

50%



Those with children living with them were more likely to worry about meeting their family's basic needs (50%) than those without children in the home (28%).

41%



Those with children living with them were more likely to experience at least one problem with the place they live (41%), compared with those without children (26%).

Engagement



Community Leadership

Those with children in the home more likely to agree that they are able to take on a leadership role in their community (70%) compared to those without (60%)



Politics

Those with children in the home less likely to have been involved in politics (39%), compared to those without children in the home (27%)

Wellbeing

How does the time you spend caring for others affect your wellbeing?

